## Honourable Gentlemen don't do that



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Honourable gentlemen don't do desert family.

Honourable gentlemen are not abusive to women and to wives.

Honourable gentlemen seek no further harm on another unless provoked.

And then in a diplomatic tone work from a point of ending, shaking of hands or clasping a glass to officially compromise, sort out or agree to disagree harmoniously.

Honour among those as thieves does not here comply with that of an honourable way of living a truth-filled life.

Honour is about value, worth and of integrity.

Honour is about personal worth, wealth as in respect for a human being and too life as a most sacred gift to become more of each day.

Honour is of a higher standard of as and in regard, the value of all of life, animals too. In fact, all of those of a seeing and knowing of value to be part of a life source and of continuing and ever more creating of a worthiness toward us as a species

And of which requires the benefit of a good life, sustainable as is earth and of her bountiful and survival requirements.

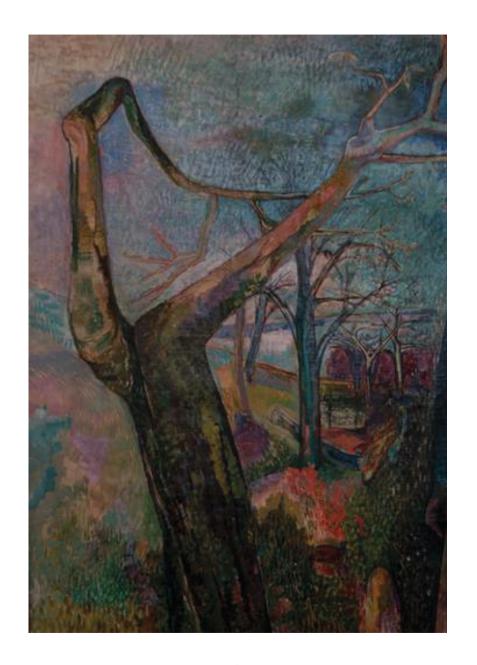
The whole is what is required and for this 'whole' to sustain, live with and enrich, nurture and become a phenomenal, ever growing and developing resource.

Then honour, honourability and sense of purpose is a definite requirement.

Truth – honour and acceptance. Truth – value and worth combined. Truth – the life of an individual's experience and living knowledge.

Truth – as a means of a sense of value of a person striving to understand worth and value each and every step toward a goodness within one's own heart and mind.





The 'whole' is all we are as a person of worth: a person of valuable understanding of a life and of all creatures, the planet and stars, moon and sun — the all and everyone

and too every other living being, species and so, every rock, river and stream, mountain, valley, forest of trees — the all beyond the seeing to that of all the unknowing too.

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Costly exercise death.

Loss of a life to that of only a consciousness.

But who have died honourable gentlemen with wars prior and of the now?

Who are aware or know, of a gentleman of honour now in the Westernised life and world?

Who is to become a witness to our worth unless we begin to claim it for ourselves?

Honour is not a pledge for war heroes if dead, posthumously decorated for dying in some so-called attempt of bravery.

Honour ...

is for self advancing, living and to learn for the sake of improving ideas and understanding in ways of creating and to review and reflect over to adjust and bring newness where ever required.

A 'whole' is more about oneself, the two aspects of one form, force of expression. So to become an honourable soul then love of oneself as a sacred sense of worth to live, learn and develop union with the 'other' or whole in oneself:

The value of two complete units of a human machinery of an earthly habit and breathing capacity.

And one of unique ability to become a fluid stream of inner knowing and to share wise forms of life's understanding:

so healthy approach to situations is an alternate avenue to peaceful outcomes, insightful and of self respect to do the sort of passion one has of a loving heart and healthy mindset.

Two individual beings, earthly expressive and of an inner dimension of an active mind streaming thoughts, forming and dispersing.

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So the act, of a so-called honourable gentleman, is to become aware of the state he is in as is a war as against upholding peace.

An honourable gentleman does not cry out war or do such violence on another, others of similar beings.

An honourable gentleman or woman is being called out of a time of decency and civility to stand upright and value all human beings as well for themselves.

An honourable gentleman does not do -

criminal acts, desert families or try to develop habits destroying homes and economic status to be supportive and act according to that family or woman's protected ability to sustain a simple and calmly applied living style.

An honourable gentleman does not cause harm of any nature of cruel acts or despicable behaviours.

An honourable gentleman loves and cares, provides and protects all peoples, especially of his chosen loving partner and family.

An honourable gentleman does not deceive or tell lies, or spread a vicious tale or value-less view of another person or tribe within a society or community.

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Honour is missing twenty-first century.

Honour as truth gone as the violence and torturous acts succeed as lies too increase.

The devilment of our corrupted sense of worth, propaganda, lies and deceit continue exponentially.

We have lost a sense of truth, factual material and the honour of who, as a human being, we are prepared to uphold.

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The fact though, of becoming whole, does require honesty and truth, a sense of meaning, worth, ability and potentiality.

So, to do this within a life time requires understanding of who, as a human being, we are toward ourselves.

Who is this most famous me, this inner male-ness of honour and respectability?

Who are those don't do's in my inner self and view?

Do I succumb habitually to that cry of violence and war-like states within a belief of mind and thought?

Who in me can I know, claim as an honourable gentle one?

Does one have any sense of who, what and how this can become me in all I am and do?

So the quest of a worthwhile human being, requires a time to discover this part of an enormously held capacity, to what in you is both of a human and being, expressive and uniquely gifted earthly form.

Gentle, is becoming aware 'warts and all' of who you are.

Warts – those knobbly little nagging, regurgitating, self-damaging and believing thoughts and notions of a less than admirable view of oneself.

#### Gentle,

to become more truthful and real, less driven and no time to create, undertake to learn one's mistakes and loss at that time, event, circumstance or understanding lack.

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Truth, honour, acceptance, worth and create-ability toward a more sacred view of oneself.

Honour, love and adjustment.



Love — passion to become kindly and caring, valuing and learning to heal the hurt and lessen the load and grow wiser for that to become clearer of who this you truly has become.

The fact is you are already this of an honourable gentleman (gentle one) inside yourself.

So change that dial of lesser than or follower and own your true and worthy self as an individual thinking, thoughtful person of creative ability of expression.

No more and no more of the less either hurt or harm, self-chat of destroying of one's worth – all forms of a violent war within you to stop and review, reflect and to balance

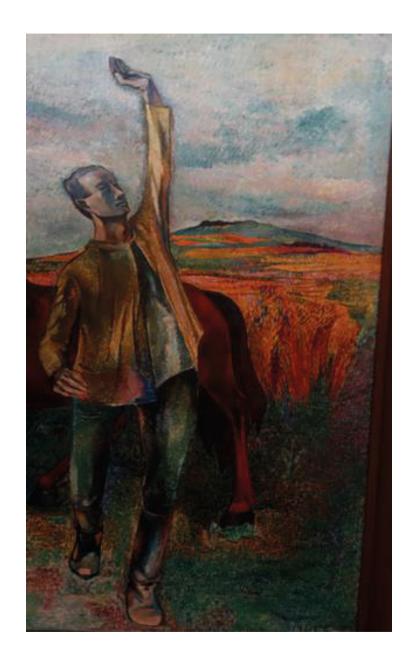
so the honourable true self supporting of oneself is able to rise out of that of lesser than or victim to one of honour, respect, responsibility and purpose.

Value is who you are and in that no one can remove as it is in your cell tissue, the mind-brain store of your own full life.

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No more or less than to become a solid citizen of one, your own life purpose to be who you are along a life continuum.

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### ${\cal B}$ ibliography:

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- Old Age Sucks

# Notes: